

## CITB Health & Safety Awareness Training Course

Course Code: CITBHSA

#### Introduction

The one day CITB course is for those who require the CSCS Green Labourer Card to get on a construction site, or a basic Health & Safety Awareness Qualification for their chosen employment.

This one-day CITB Health and safety awareness (HSA) course is designed to aid the understanding of potential hazards the construction worker may face on site.

It provides a practical summary of health, safety, welfare and environmental issues. It identifies the delegate's responsibilities for looking after themselves and others, outlines the employer's duties and explains what should be done if the worker thinks that anyone's health and safety is being put at risk.

The course is an ideal foundation for those wishing to obtain an industry site card.

It is also an alternative route to the QCF Level 1 Award in Health and Safety in a Construction Environment for the CSCS Labourer Card.

The course provides health and safety awareness and is endorsed by Build UK as standard training for all operatives on site.

#### Entry requirements:

Delegates must be competent in English at operative level. The course content is suited to all ability levels.

PRIOR TO A DELEGATE(S) ATTENDING A COURSE OR PROGRAMME IT IS YOUR RESPONSIBILITY TO BRING THESE CONDITIONS TO THEIR ATTENTION. WHERE A DELEGATE IS UNDER THE AGE OF 18, IT IS YOUR RESPONSIBILITY TO ENSURE THAT THE PARENT OR GUARDIAN OF THAT DELEGATE HAS GIVEN THEIR CONSENT TO THE DELEGATE UNDERTAKING THE COURSE.

WE NEED PROOF OF THIS CONSENT, SO ENSURE WE HAVE THIS PRIOR TO THE START OF THE COURSE. CITB PARENTAL CONSENT FORM



#### Content

Those who are successful will have improved knowledge in:

- \* Their personal duties for the safety of them and others
- \* Common construction hazards and how to prevent them
- \* How everyone can help work towards better practical standards of site safety
- \* Legal requirements and liabilities
- \* Working at height
- \* Manual handling
- \* Fire prevention
- \* Work equipment
- \* Occupational Health

#### Aim

To ensure the individual responsibilities of the worker are understood. ?

Why they are carrying out their identified duties. ?

What is expected of them. ?

How they contribute to the safety of the workplace.

### **Participants**

This course is for those who have entered, or are about to enter, the construction and civil engineering industry as a member of the workforce.

The one day CITB Health & Safety Awareness is used as one of the steps towards gaining your Green Labourers card.

#### Certification

The Construction Industry Training Board (CITB) Site Safety Plus certificate.



# Speak to a course advisor **01782 461 506**

### enquiries@sestraining.co.uk

Units 14-15
Park Hall Business Village
Park Hall Road
Longton
Stoke-on-Trent, ST3 5XAE











