



# General Risk Assessment And Method Statement Course

Course Code: Grams

## Introduction

Rams do not have to be difficult, although they do need to be produced to a high standard using consistent approaches to meet with your companies high standards.

This course will give individuals the confidence to produce Risk Assessments and Method Statements.

## Content

The course covers the following topics:

The legal requirements surrounding risk assessments and method statements, including the Management of Health and Safety at Work Regulations 1999

Important definitions such as harm, risk, hazard and hazardous events

The risk assessment process (HSE five-step approach)

Risk and hazards

Specification of risk controls

Accident prevention and precautions

Quantitative and qualitative risk

Hierarchy of controls

Practical element

## Aim

By the end of the course, the delegate will be able to recognise hazards in the workplace which will able them to:

- \* Evaluate the risks found in a risk assessment
- \* Initiate the relevant control measures to prevent an accident
- \* Competently conduct a risk assessment which complies with the relevant legislation
- \* Produce a suitable method statement



## Participants

There are no formal requirements for entry on this course. We advise that the delegate has a basic knowledge of health and safety, but it is not compulsory.

## Certification

Candidates who successfully pass the course will receive an attendance certificate

Speak to a course advisor

**01782 461 506**

**[admin@sestraining.co.uk](mailto:admin@sestraining.co.uk)**

Units 14-15  
Park Hall Business Village  
Park Hall Road  
Longton  
Stoke-on-Trent, ST3 5XAE

