



# Display Screen Equipment Awareness Training

Course Code: DSE

## Introduction

Display Screen Equipment (DSE / VDU) Awareness Training Course is essential to avoid long term injuries resulting from poor and inadequate body posture whilst working incorrectly.

When DSE is not set up correctly, you are at increased risk from certain disorders.

Our course is in line with HSE guidelines.

## Content

Introduction and explanation of injuries

What is display screen equipment?

Legal framework and HSE guidelines.

Hazards and potential health effects.

Common misconceptions.

Users and those at risk.

Conducting an assessment.

## Aim

To ensure the correct positioning and work place practices to avoid injury from usage of Display Screen Equipment or Visual Display Units.

## Participants

All persons who work with display screen equipment or visual display units.

## Certification

A Certificate of Competence will be issued on successful completion of the course



Speak to a course advisor

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