



# Emergency First Aid at Work (EFAW) Training

Course Code: FA1

## Introduction

The Emergency First Aid at Work (EFAW) qualification is ideal for those working in lower hazard environments (e.g. shops, offices), with smaller teams (i.e. less than 50 people), where HSE guidelines specify staff should be EFAW qualified or where they are supporting colleagues who hold a full First Aid at Work qualification. It is nationally recognised and accredited to RQF level 3 (England, Wales and Northern Ireland) / SQF level 5 (Scotland).

We are also pleased to offer on-site training which can be tailored to meet the needs of your organisation or sector.

## Content

The Emergency First Aid at Work training course covers the following topic areas:

- \* Responsibilities and reporting
- \* Assessing the situation
- \* Dealing with an unresponsive casualty
- \* Basic hygiene in First Aid
- \* Burns
- \* Epilepsy
- \* Resuscitation (including the use of a defibrillator)
- \* Anatomy
- \* Minor injuries
- \* Bleeding control
- \* Choking
- \* Shock

## Aim

### AIMS AND OBJECTIVES

- Understand the role and responsibilities of a first aider
- Be able to assess an incident
- Be able to conduct a secondary survey
- Be able to manage an unresponsive casualty who is breathing normally
- Be able to manage an unresponsive casualty who is not breathing normally
- Be able to recognise and assist a casualty who is choking
- Be able to manage a casualty with external bleeding
- Be able to administer first aid to a casualty with injuries to bones, muscles and joints
- Be able to manage a casualty with a minor injury
- Be able to administer First Aid to a casualty with burns and scalds
- Be able to administer First Aid to a casualty with an eye injury
- Be able to administer First Aid to a casualty with anaphylaxis

## Participants

The Emergency First Aid at Work training course is suitable for any individuals who wish to know how to respond to emergency situations, and require a qualification for their current work place operational authorisation.

A maximum of 12 learners are allowed per instructor and must be a minimum of 14 years of age. An individual cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role. The qualification will expire as dated on the certificate, irrespective of age.

## Certification

Assessment is ongoing by the instructor, along with a multiple choice question paper, and a three-year qualification will be issued to those who satisfy the criteria.

In addition, the HSE strongly recommend that all students undergo an annual refresher programme of three hours.



Speak to a course advisor

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